

HOW TO GET THOSE SEXY

HOLLYWOOD THIGHS

Liz Hurley, Sarah Jessica Parker and Jennifer Aniston seem to effortlessly maintain their slim, beautiful, slender hips and thighs. Leonie's story may just level the playing field.

Leonie Thomas (pictured right) had tried cellulite creams, wrap treatments, diet pills and other money-wasting gimmicks to make her fat and flabby thighs thin. She was sick and tired of the endless disappointment, and almost gave up on her desire to ever fit into her old jeans again.

'I even tried thigh master gadgets, stair-climber and cycling only to find they actually thickened my leg muscles and made my thighs look even bigger,' she says. 'I was confused about what to do next because nothing seemed to work.'

Leonie had been trying to melt away the fat from her thighs for over a decade – trying virtually every diet in existence – and was beginning to think it was impossible, until she came across the revolutionary Bodytrim Weight Loss System.

'All I've done is buy the right fat-burning foods from my local supermarket'

'I discovered the reason why I couldn't lose weight was because I was eating the wrong foods in the wrong patterns each day,' she says. 'And the best part is I haven't needed any expensive pharmacy pills, meal replacement shakes or sweaty exercise to lose 6 inches from my thighs... 7 inches from my buttocks... and 5 inches from my stomach. All I've done is buy the right fat-burning foods from my local supermarket. Tesco and Sainsbury's are my new weight loss weapons!'

And Leonie's transformation is not an isolated case. It's nearly routine for clients of the Bodytrim System to lose inches off their hips, thighs and buttocks within just a few short weeks. Bodytrim literally has filing cabinets overflowing with success stories from all over the country.

'I know it sounds impossible' says Zoe Bingley-Pullin, a leading nutritionist and internationally trained chef. 'But the Bodytrim

System is the exact opposite of a diet, because it shows you how to trick your body into burning excess stored fat, while you eat as much as your heart desires. It forces your body to go into an almost non-stop fat burning frenzy while you indulge your taste buds with as many as six rich, full flavoured and filling meals every day.'

According to medical doctor and weight loss specialist, Dr. Vicky Hillier, it's not your fault if you've tried everything and are still carrying around excess weight on your hips and thighs, because almost every weight loss program on the market is biologically flawed. The secret is to work with your body's genetic programming, not against it and turn off the fat switch.

'You shouldn't blame yourself for being lazy or lacking willpower or anything like that,' she says, 'And nor should you shrug it off with excuses like being 'big boned' or 'I have genetically thick thighs' because it's simply not true.'

Dr. Hillier's message is clear and to the point – you can get the slim, beautiful, slender thighs and hips similar to those belonging to some of Hollywood's biggest female stars like Liz Hurley, Sarah Jessica Parker or Jennifer Aniston... even if you've tried and failed almost every diet in existence.

And the best part of all is you can trial the Bodytrim Weight Loss System for free by calling 1300 313 343 and quoting promotionscode NI13 or logging onto www.bodytrim.au



(strictly limited to first 200 callers so be quick). The kit contains DVD's, reference guides, phone and online support and much more... you even get 6 weeks free membership to 'Trim Club', a new and exciting concept in weight loss and lifestyle entertainment that is already transforming lives. It's like having your own personal weight-loss coach 24/7. The only upfront cost is a \$12.95 shipping and handling charge. If you're not satisfied, that's all you'll pay, simply return the product within 30 days.



What very few people realise is that using thigh blaster gadgets or doing heavy leg weights can actually thicken your leg muscles and make your thighs look even bigger.

So while they certainly do strengthen your legs, the secret to melting away the fat lies in eating fat burning foods at the right intervals. It's really that simple.